Grilled Mushrooms Recipe

Serves 2

*Prep. Time: 5 min.*

*Cooking Time: 5 min.*

Ingredients

* 10 button mushrooms;
* 2 garlic cloves, minced;
* 1 tbsp. steak spices;
* 1 tbsp. balsamic vinegar;
* 2 tbsp. [Paleo cooking fat](http://paleodietlifestyle.com/paleo-fats/);